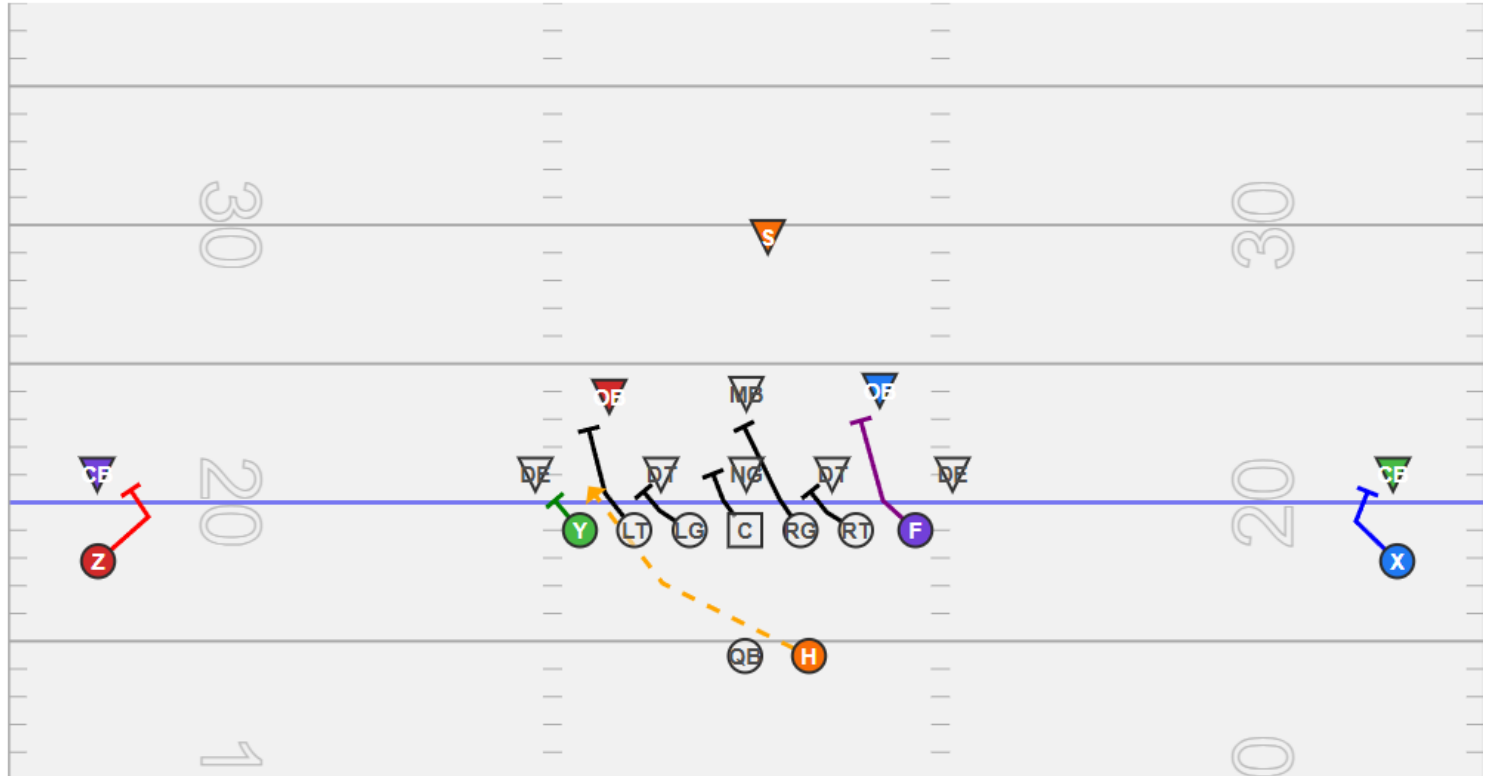


HP Cowboys 11 Man DE Test



#6 What **TECHNIQUE** are the DEs in for each formation?

#1

- Weak Side :
- Strong Side:

#2

- Weak Side :
- Strong Side:

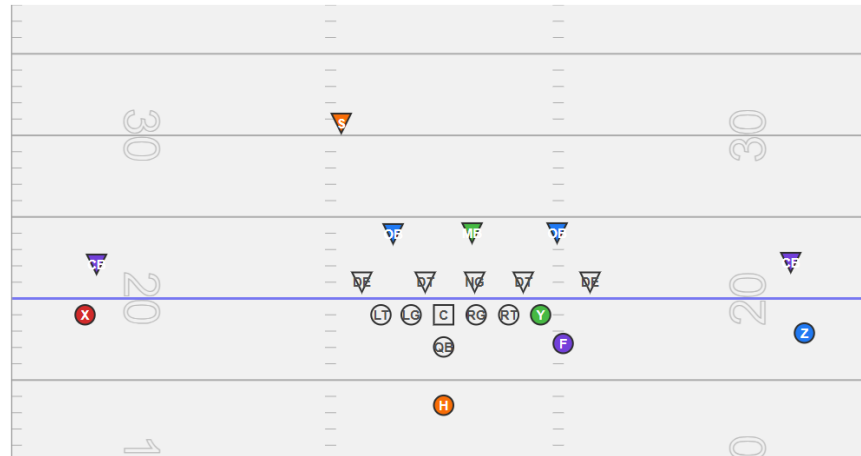
#3

- Weak Side :
- Strong Side:

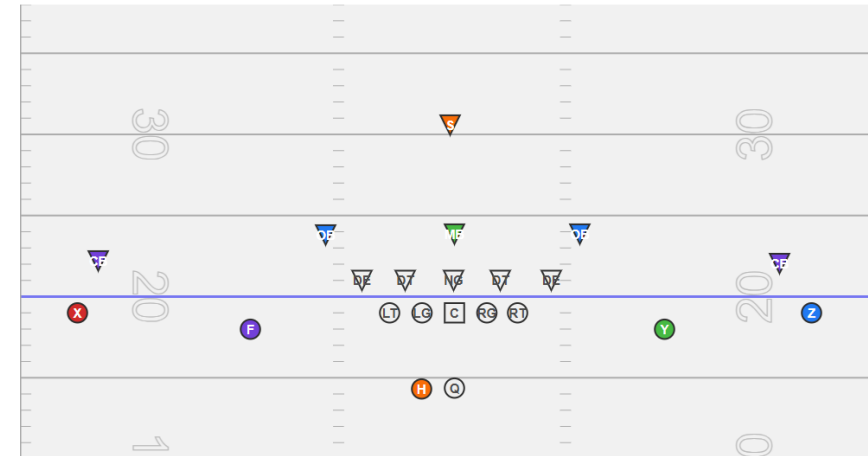
#4

- Weak Side :
- Strong Side:

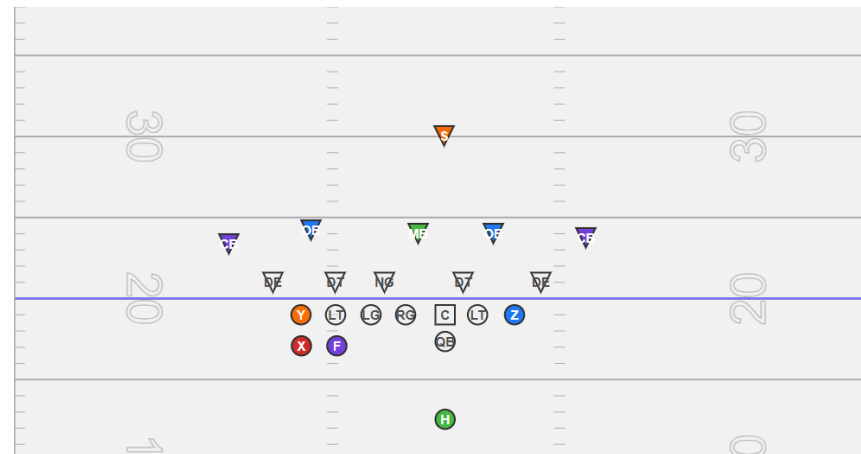
#1



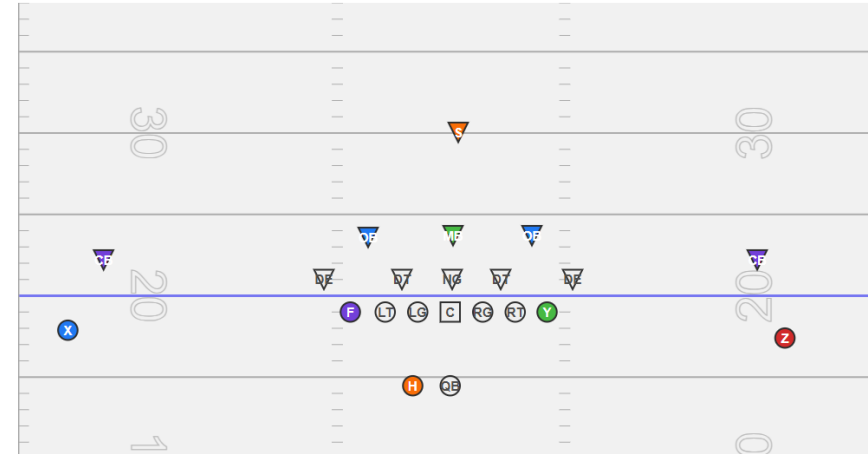
#2



#3



#4



Question #7 – If we are running a FIRE blitz, how would you lineup if you were the STRONG side DE and which GAP would you fill?

- a) Line up in a 7 technique and fill the D gap
- b) Line up in a 7 technique and fill the C gap
- c) Line up in a 6 technique and fill the D gap
- d) Line up in a 6 technique and fill the C gap

Question #8 – If we are running a FIRE blitz, how would you lineup if you were the WEAK side DE and which GAP would you fill?

- a) Line up in a 5 technique and fill the C gap
- b) Line up in a 5 technique and fill the B gap
- c) Line up in a 4 technique and fill the C gap
- d) Line up in a 4 technique and fill the B gap

Question #9 – If we are running a CYCLONE blitz, how would you lineup if you were the WEAK side DE and which GAP would you fill?

- a) Line up in a 5 technique and fill the C gap
- b) Line up in a 5 technique and hold the tackle keeping your outside shoulder free
- c) Line up in a 7 technique and fill the C gap
- d) Line up in a 7 technique and have outside contain

Question #10 – If we are running a CYCLONE blitz, how would you lineup if you were the STRONG side DE and which GAP would you fill?

- a) Line up in a 5 technique and fill the C gap
- b) Line up in a 5 technique and hold the tackle keeping your outside shoulder free
- c) Line up in a 7 technique and fill the C gap
- d) Line up in a 7 technique and have outside contain

