HP Cowboys 11 Man
LB Test

Question #1 – Which LB is considered on the Strong Side in this formation?
- a) The OB on the same side as Z
- b) The OB on the same side as X
- c) The MB

Question #2 – Based on this Offensive formation in TNT, circle ALL of the below that is true:
- a) The OB on the side with the TE (Y) is the Strong Side backer
- b) The OB on the side with the TE (Y) is the Weak Side backer
- c) The OB on the side with the TE (Y) has the C gap on a RUN to their side.
- d) The OB on the side with the TE (Y) has the B gap on a RUN to their side.
- e) The OB on the side with the TE (Y) has outside contain.

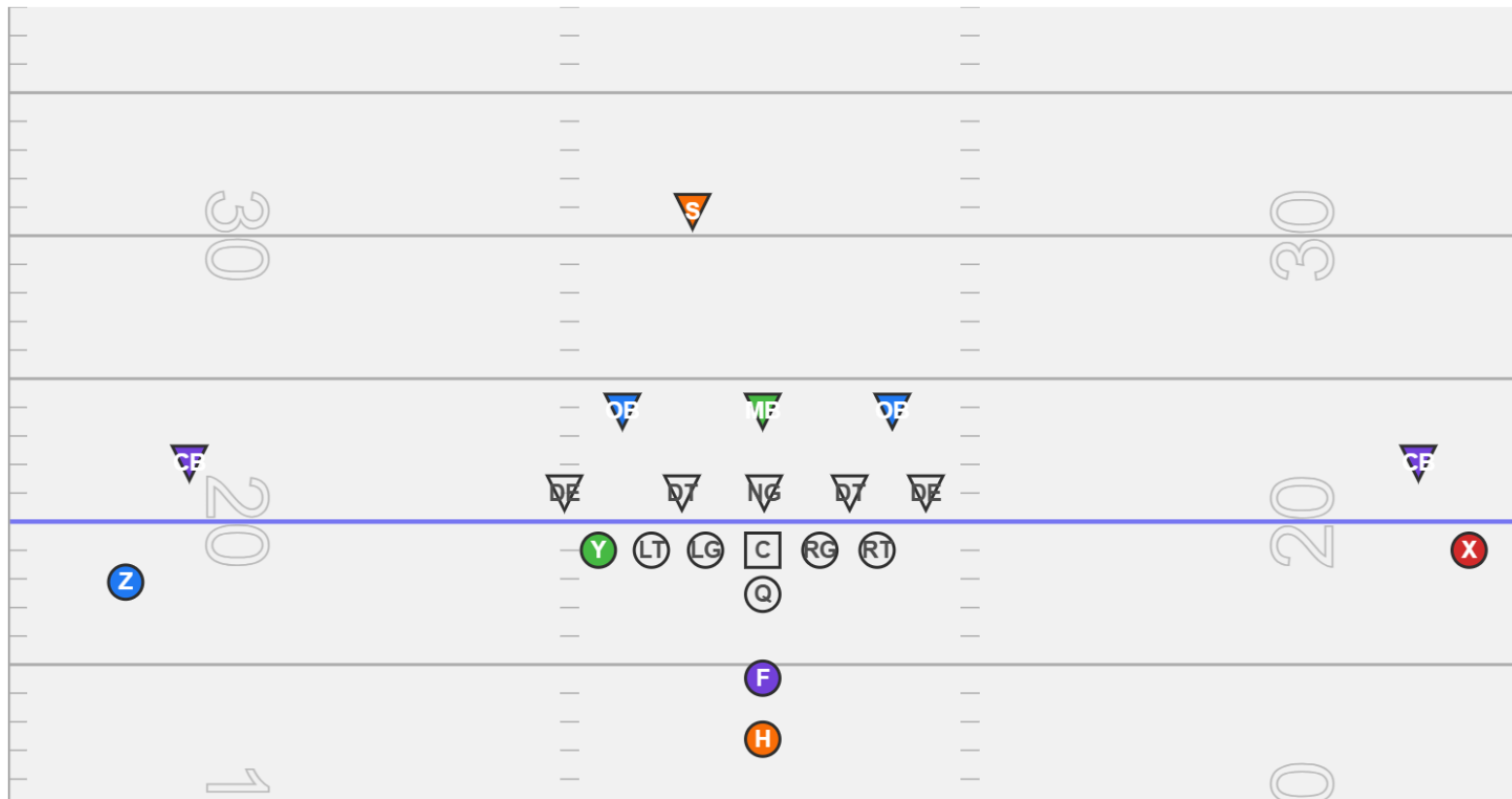Question #3 – In TNT, what coverage does the OB have when the QB shows pass?
- a) Man on TE
- b) Deep Mid
- c) Flats
- d) Hook/Curl

Question #4 – What is the LB in TNT keying off of?
- a) QB
- b) Guard
- c) HB
- d) FB

Question #5 – True or False: LBs are RUN first.
- a) True
- b) False

Question #6 – Which Gap do the OBs blitz in WHAM/SLAM?
a) Strong Side A
b) Weak Side A
c) B
d) C
e) Outside Contain

Question #7 – Which Gap do the OBs blitz in FIRE?
a) Strong Side A
b) Weak Side A
c) B
d) C
e) Outside Contain

Question #8 – Which Gap does the MB blitz in Twist?
a) Strong Side A
b) Weak Side A
c) B
d) C
e) Outside Contain

Question #9 – Which Gap does the MB blitz in Mike?
a) Strong Side A
b) Weak Side A
c) B
d) C
e) Outside Contain

Question #10 – During a Pass play, who is the MB spying on?
a) HB
b) FB
c) TE
d) WR
e) QB

Question #11 – The Strong Side Backer should be doing what based on this run play?
   a) Filling the B Gap
   b) Filling the C Gap meeting the outside shoulder of the TE
   c) Filling the C Gap meeting the inside shoulder of the TE

Question #12 – The Middle Backer should be doing what based on this run play?
   a) Filling the A Gap
   b) Filling the B Gap
   c) Scraping to the RB

Question #13 – The Weak Side Backer should be doing what based on this run play?
   a) Filling the C Gap
   b) Filling the B Gap
   c) Scraping to Mid
   d) Scraping to RB