

HP Cowboys 11 Man QB Test

Question #1 – What formation is this?

- a) Regular RIP I
- b) RIP I
- c) Regular LIZ I
- d) LIZ I

Question #2 – How many yards does the F lineup behind the QB?

- a) 1
- b) 1.5
- c) 2
- d) 2.5
- e) 3

Question #3 – What is the term which tells the F to line up on the TE side in between the G & T

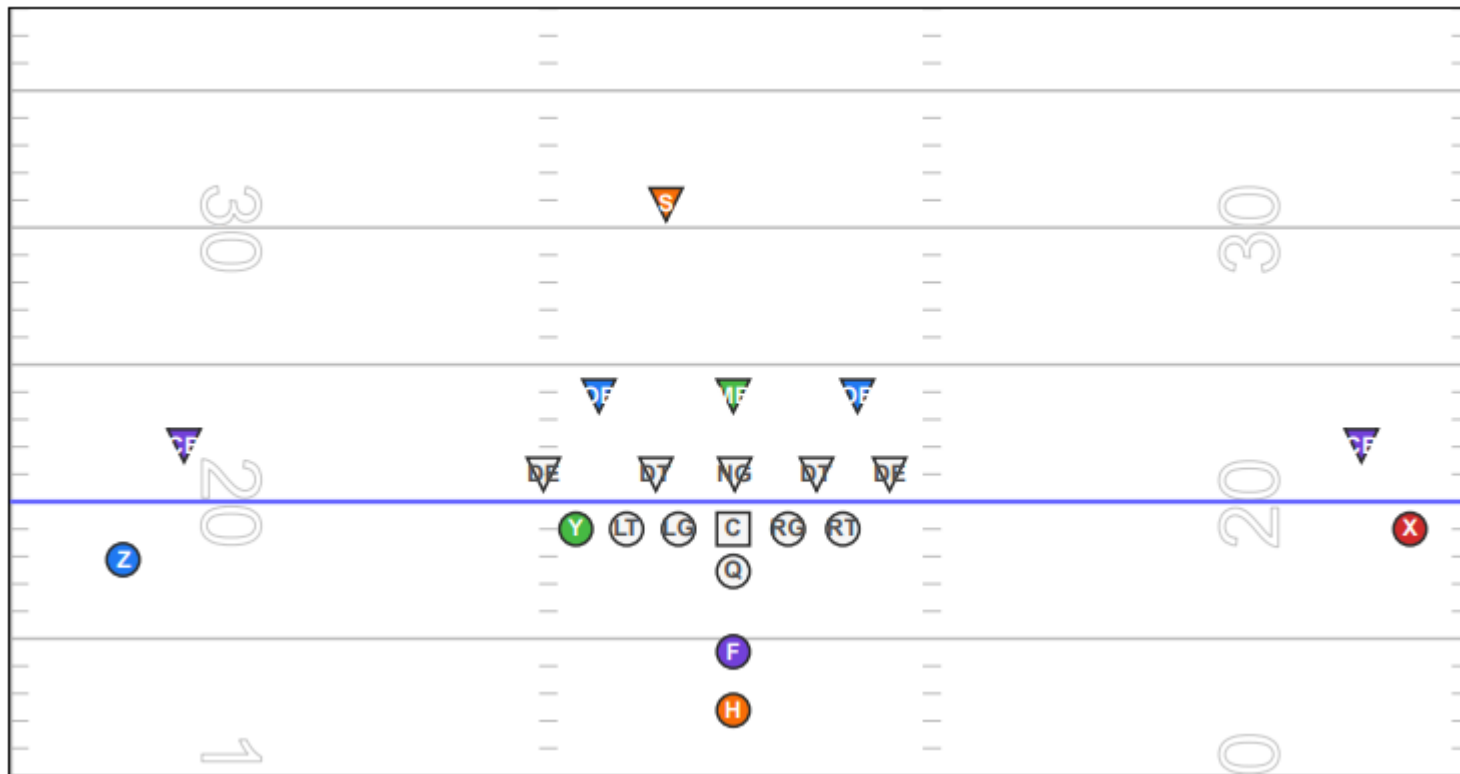
- a) TO
- b) FAR
- c) CLOSE
- d) NEAR
- e) OFF

Question #4 – If the play call is 35 ISO, the F & H will run towards_____ & the F will block_____ on the _____ shoulder

- a) LG, OB, Inside
- b) Y, DE, Outside
- c) LT, OB, Outside
- d) LG, MB, Inside
- e) LT, OB, Inside

Question #4 – If the play call is 34 Trap, the H will position his RIGHT arm on the TOP and LEFT arm on the BOTTOM to take the ball.

- a) TRUE
- b) FALSE



Question #5 – Based on the formation to the right, which position(s) line up OPPOSITE from the call side?

- a) H & F
- b) Y
- c) Y & Z
- d) X

Question #6 – Based on the formation to the right, which position(s) line up TO the call side?

- a) X
- b) Y
- c) Z
- d) Both A & B
- e) Both B & C

Question #8 – In Regular, which two eligible receivers line up ON the line of scrimmage?

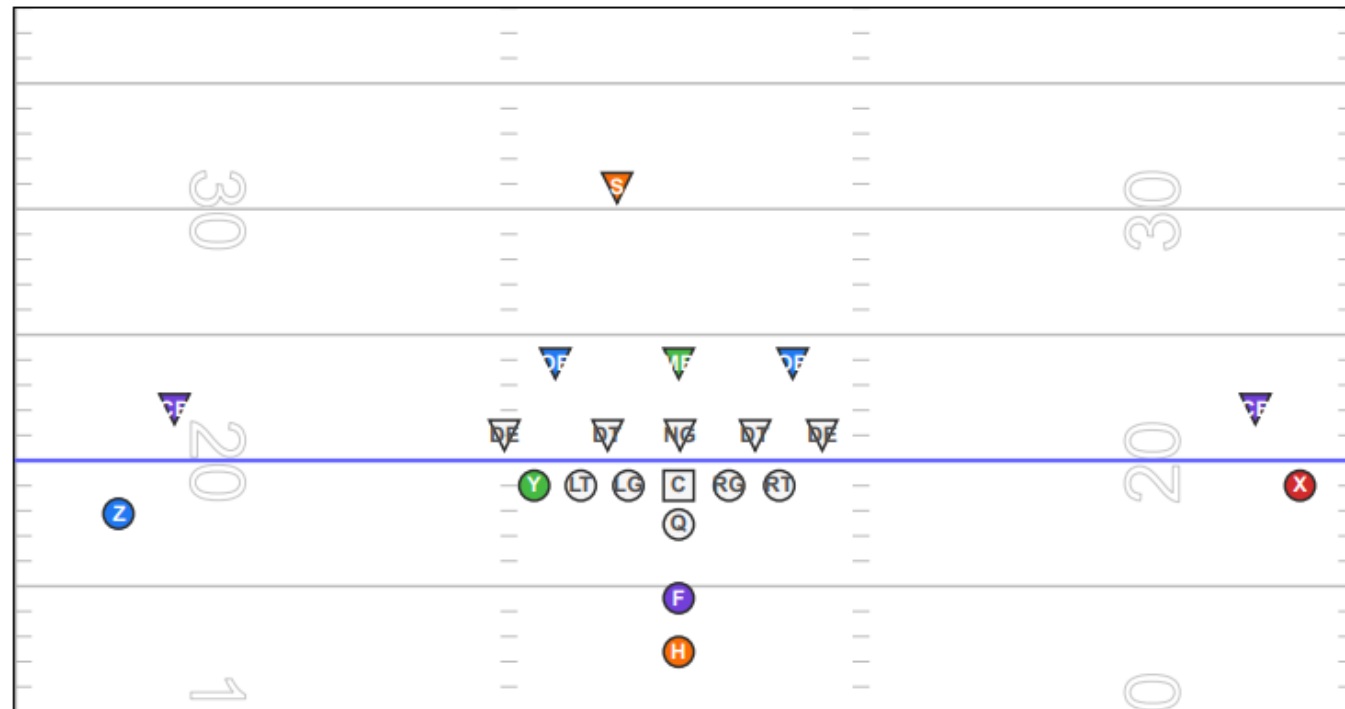
- a) X
- b) Y
- c) Z
- d) Both A & B
- e) Both B & C

Question #9 – What is the minimum number of players that must be on the line of scrimmage during a play?

- a) 5
- b) 6
- c) 7
- d) 8

Question #10 – If a Z JET is called with a play the WR goes in motion to the opposite side. True or False?

- a) TRUE
- b) FALSE



Question #11 – For Regular RIP I 34 ISO vs a 5-3 (TNT) defense shown to the left, the RG and the RT must execute what type of block?

- a) FAN
- b) GAP
- c) SEAL
- d) COMBO
- e) PULL

Question #12 – For Regular RIP I Fake 33 ISO Naked Right vs a 5-3 (TNT) defense shown to the left, the OLINE execute a _____ block to the _____

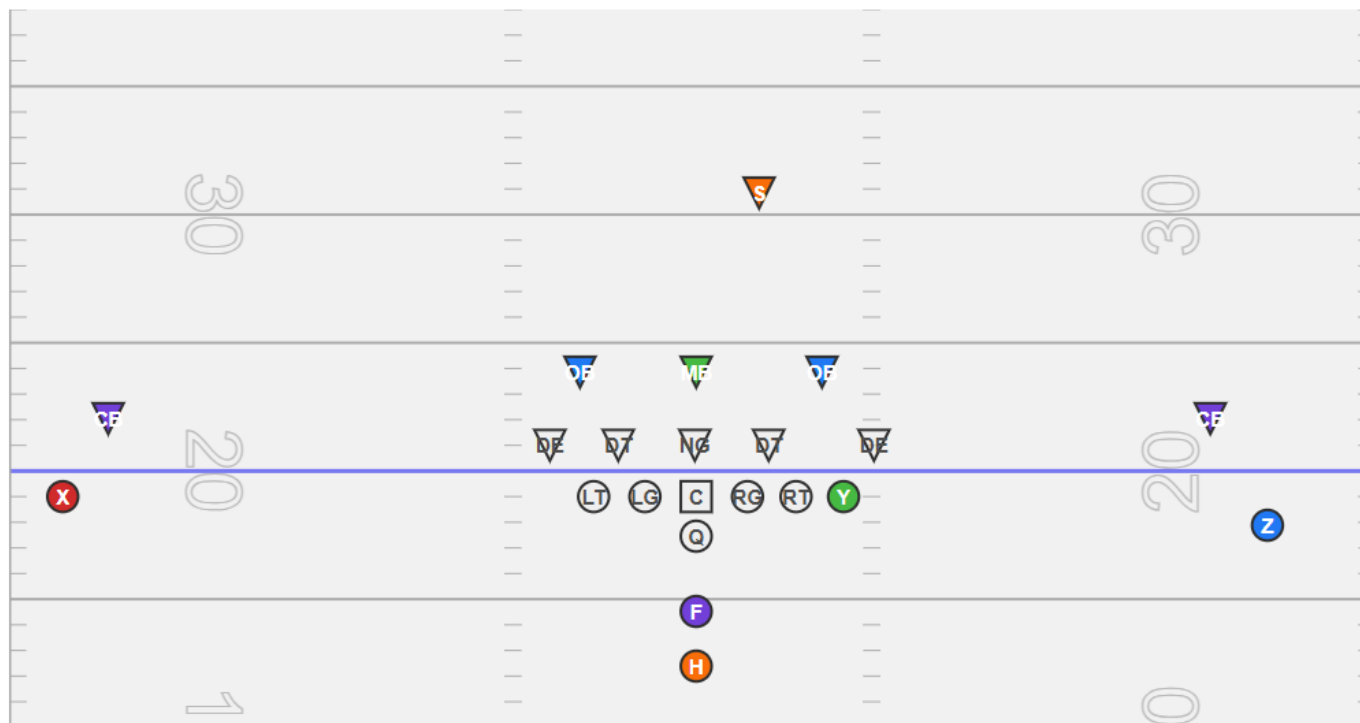
- a) COMBO, LEFT
- b) GAP, LEFT
- c) SEAL, RIGHT
- d) FAN, RIGHT
- e) GAP, RIGHT
- f) PULL, LEFT

Question #13 – For Regular RIP I 36 Power, the _____ executes a _____ block to the _____?

- a) LT, FAN, LEFT
- b) LT, PULL, RIGHT
- c) LG, PULL, RIGHT
- d) RG, PULL, RIGHT
- e) RT, COMBO, LEFT
- f) Y, GAP, RIGHT

Question #14 – For Regular RIP I 36 Power, the _____ executes a _____ block to the _____?

- a) Y, DOWN, LEFT
- b) RT, DOWN, LEFT
- c) RG, DOWN, LEFT
- d) C, DOWN, LEFT
- e) LT, POWER HITCH STEP, RIGHT
- f) All of the above



Question #15 – What is this formation?

- a) Spread RIO
- b) Spread LEO
- c) Spread ROGER
- d) Spread LUCKY
- e) Spread EMPTY

Question #16 – What is the blocking scheme for this particular play?

- a) 68
- b) 69
- c) 98
- d) 99
- e) 50 (Man)
- f) ISO

Question #17 – The running back's responsibility is the DE in this scheme. What is the leverage the HB is looking to execute?

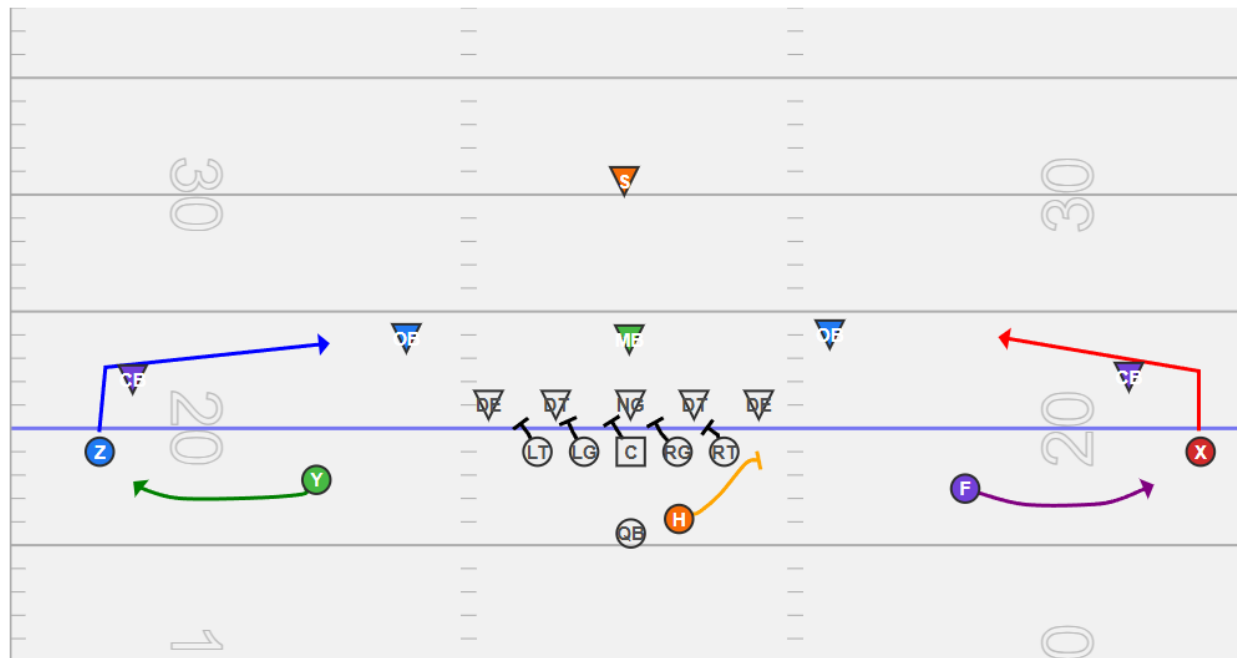
- a) Outside In
- b) Inside Out
- c) Head Up

Question #18 – What in the play call tells the H that they need to block the DE on the RIGHT side?

- a) The passing scheme
- b) The formation
- c) The blocking scheme
- d) The defense the opposing team is running

Question #19 – The blocking scheme being run here is a Sprint Out. True or False?

- a) True
- b) False



Question #20 – What route are the Y & F running here?

- a) Slant
- b) Flat
- c) Bubble
- d) Flare
- e) Shuffle

Question #21 – What route are the Z & X running here?

- a) Slant
- b) Flat
- c) Bubble
- d) Flare
- e) Shuffle

Question #22 – Select all of the below statements that are TRUE.

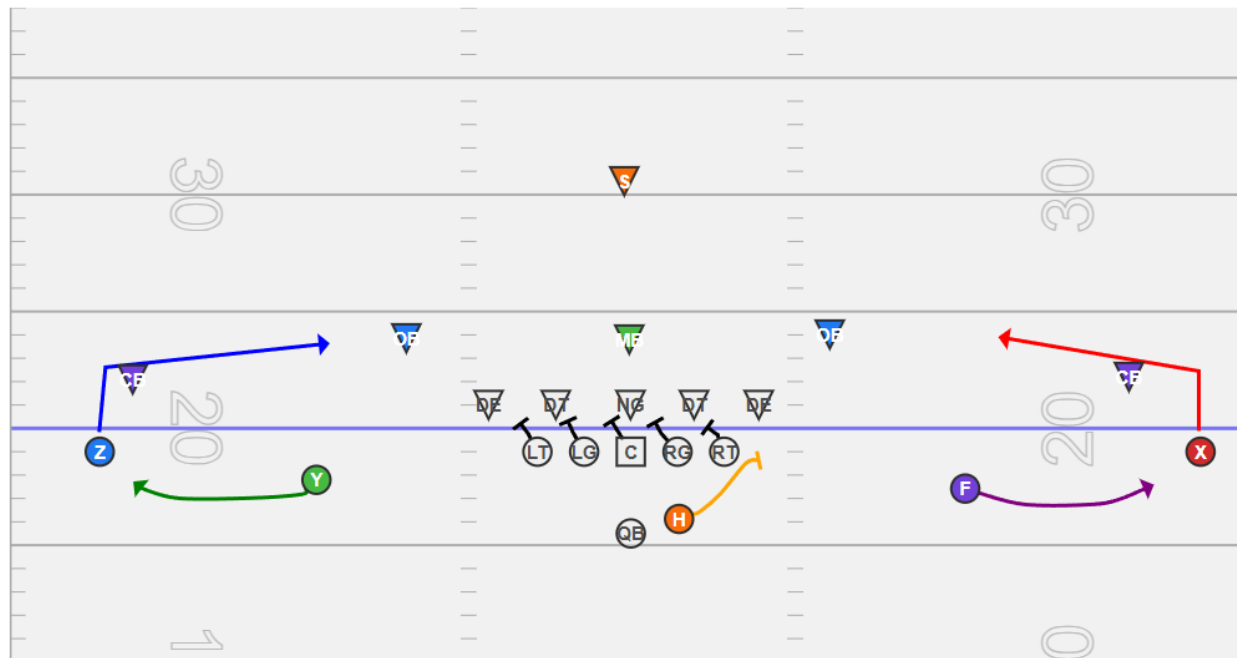
- a) The Z & X are ON the LOS
- b) The Y & F are OFF the LOS
- c) Head Up

Question #23 – Based on a PRE-SNAP read, what answers below are true?

- a) The boundary side is best
- b) The field side is best
- c) Which slot has the best leverage on the bubble
- d) Look at your favorite WR

Question #24 – Based on a POST-SNAP read, what answers below are true?

- a) You are reading the OB.
- b) You are reading the CB.
- c) If the CB takes the slant, you throw the bubble.
- d) If the OB takes the slant, you throw the bubble.



Question #25 – Based on the play shown, which defender does the Center take?

- a) NG
- b) Left DT
- c) Right DT
- d) Whoever hits the RIGHT GAP
- e) Whoever hits the LEFT GAP

Question #26 – Can an Offensive Lineman go to the next level (go block a LB) during a pass play? True or False.

- a) True
- b) False

Question #27 – What type of pass protection is this typically called?

- a) Read Protection
- b) Pocket Protection
- c) Man Protection
- d) Gap Protection

Question #28 – Based on this type of protection, it is better scramble outside. True or False

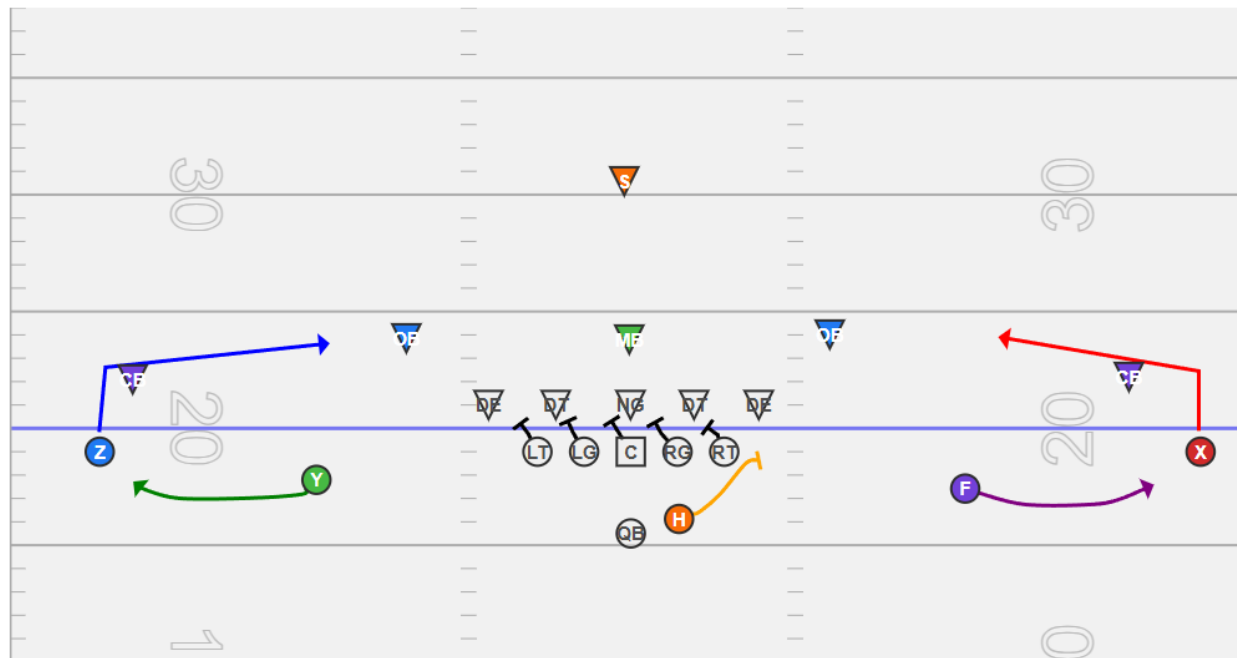
- a) True
- b) False

Question #29 – How many yards is the slant route in this play?

- a) 2
- b) 3
- c) 4

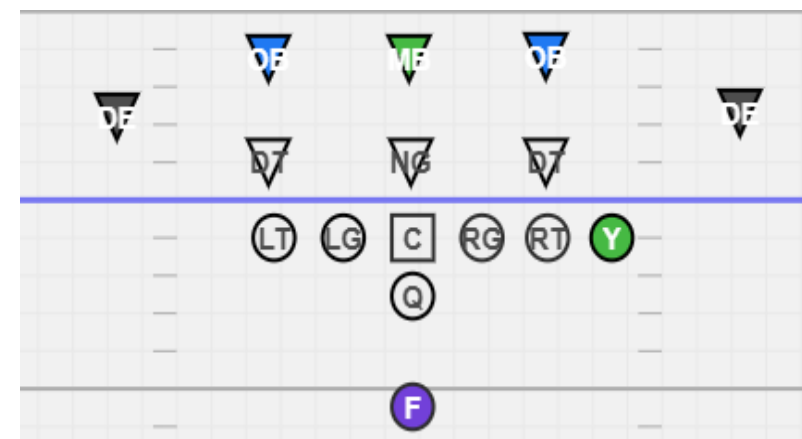
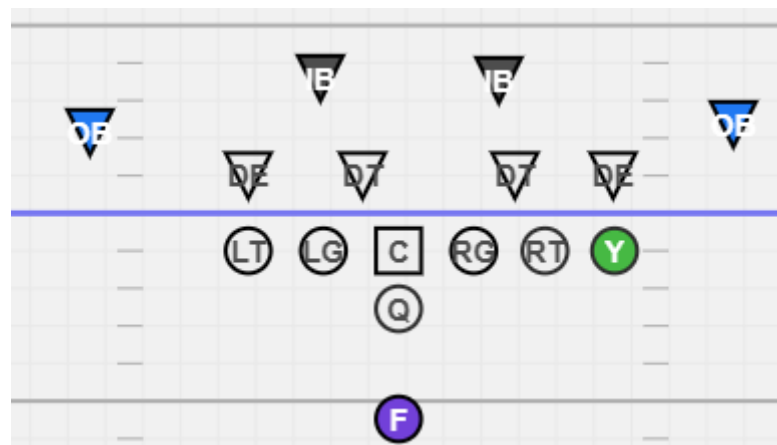
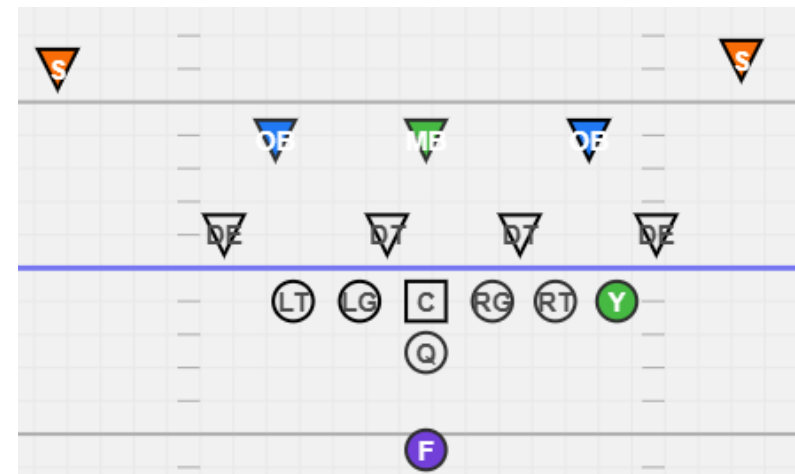
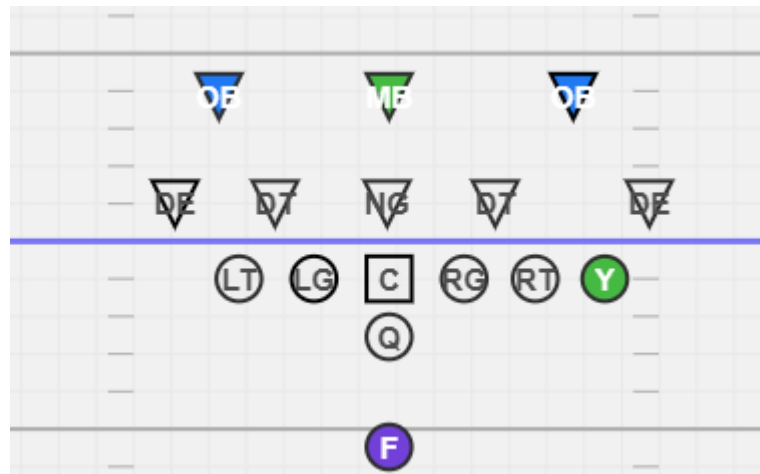
Question #30 – If the bubble is thrown behind the line of scrimmage, is this considered a pass or a run?

- a) Pass
- b) Run



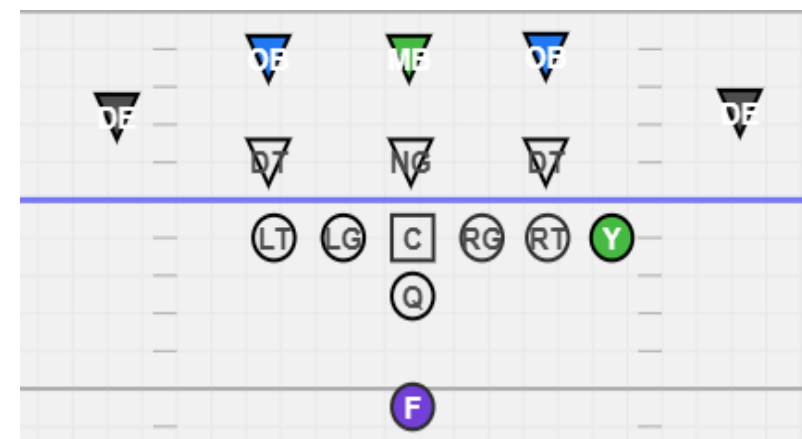
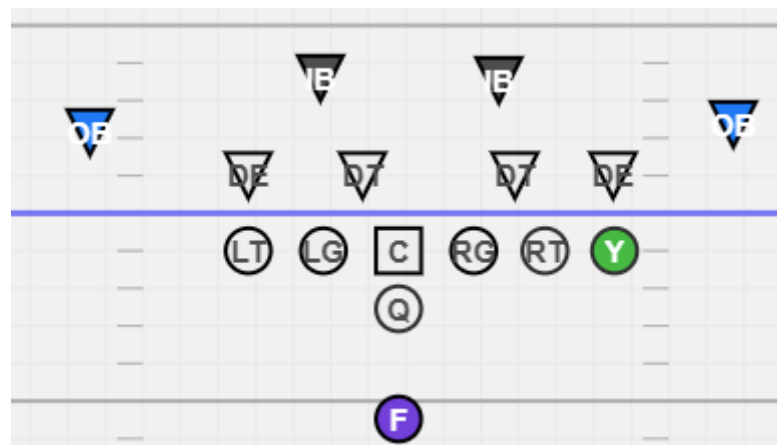
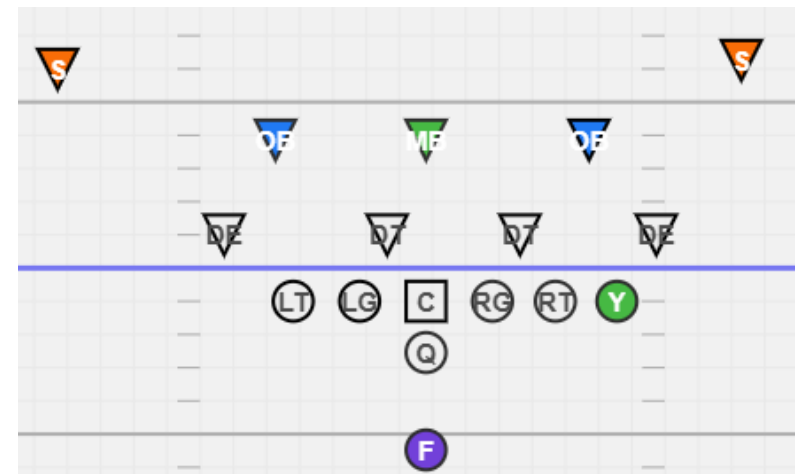
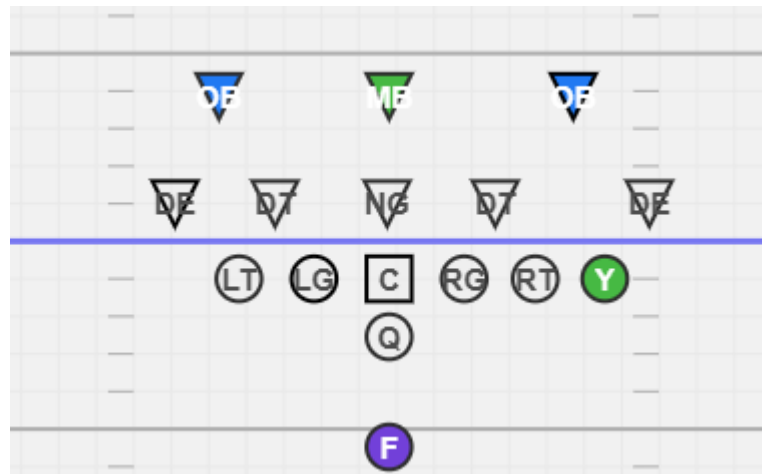
Draw in for EVERY Offensive
Lineman & F how you would
block these defensive
formations for:

RIP I 34 ISO



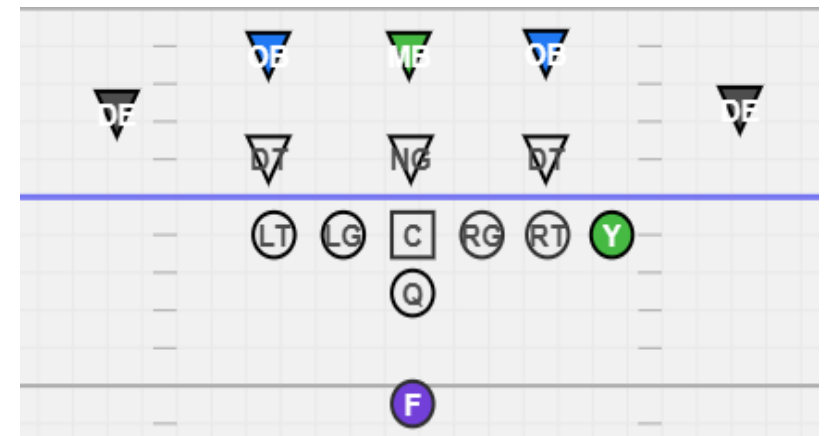
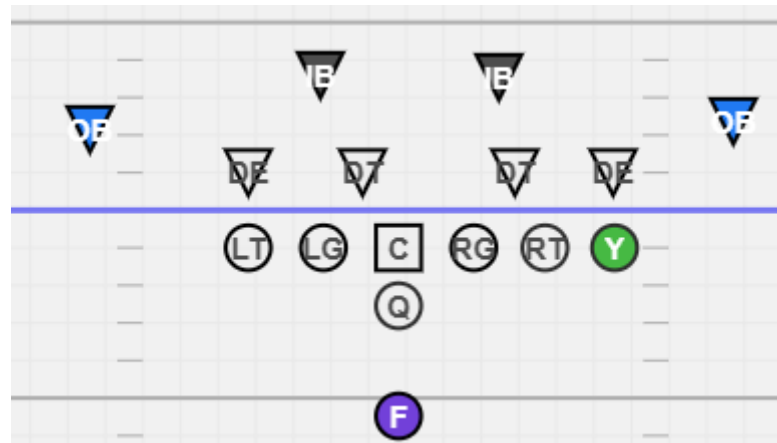
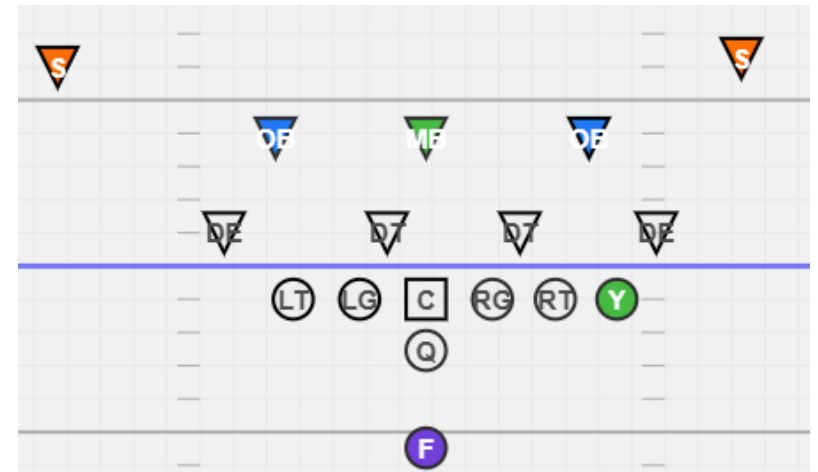
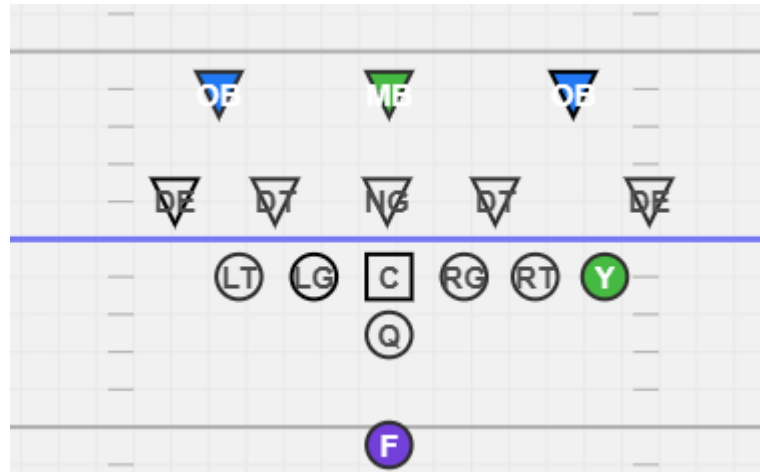
Draw in for EVERY Offensive
 Lineman & F how you would
 block these defensive
 formations for:

RIP I 34 Trap



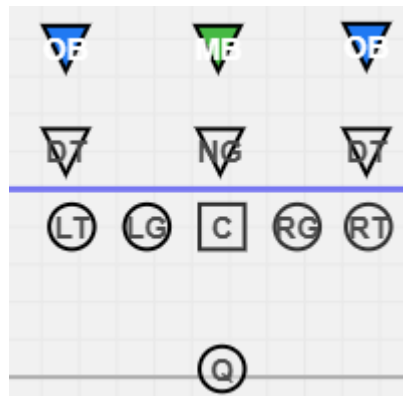
Draw in for EVERY Offensive
 Lineman & F how you would
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 formations for:

RIP I 36 Power

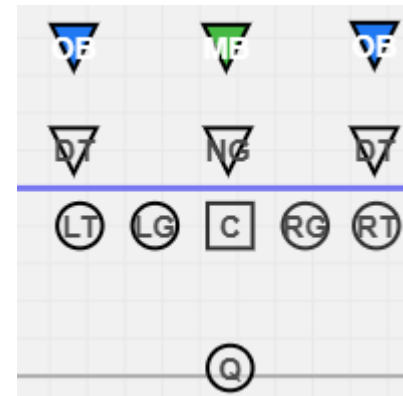


Draw a **CIRCLE** where H would line up and where they would block for each pass play & where each Offensive Lineman would play

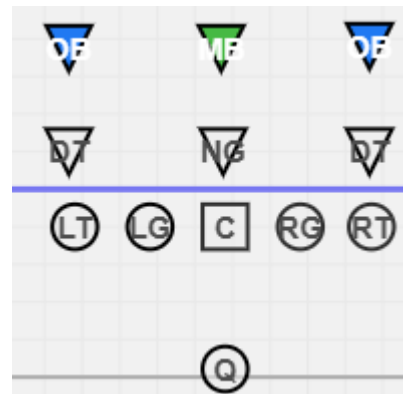
Draw in a 69 Block



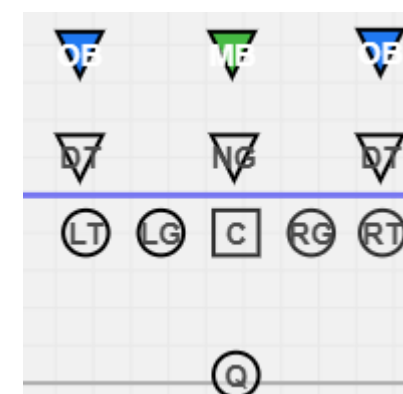
Draw in a 68 Block



Draw in a 99 Block



Draw in a 98 Block



Name all these Routes:

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.
- 7.
- 8.
- 9.
- 10.
- 11.
- 12.
- 13.
- 14.
- 15.

